															TCHURCH CENTR	AL.													
		MONDAY sky room atrium boudoir the lounge			TUESDAY sky room atrium boudoir the lounge			WEDNESDAY sky room atrium boudoir the loung				THURSDAY sky room atrium boudoir the lo				FRIDAY sky room atrium boudoir the				SATURDAY unge sky room atrium boudoir the lounge				SUNDAY sky room atrium boudoir the lounge			May 2025		
'	sky room		10.00 AM	the lounge	sky room		MA 00	the lounge	sky room		DOUGOIP OO AM	the lounge	sky room		MA 00.	the lounge	sky room		DOUGOIF DO AM	the lounge	sky room		MA 00	the lounge	sky room		Doudoir DO AM	the lounge	
.00am	Training Time	Training Time	Pole Level 1 Brenna	Training Time					Training Time	Training Time	Pole Level 1 Nicole	Training Time	Training Time	Training Time	Beginner Heels Flow Ali	Training Time	Training Time	Training Time	Pole Level 1 Felicity										10.00an
	10:00am - 10: 55am	10:00am - 1 55am	10:00am - 10: 55am	10:00am - 10: 55am					10:00am - 10: 55am	10:00am - 10: 55am	10:00am - 10: 55am	10:00am - 10: 55am	10:00am - 10: 55am	10:00am - 10: 55am	10:00am - 10: 55am	10:00am - 10: 55am	10:00am - 10: 55am	10:00am - 10: 55am	10:00am - 10: 55am		Aerial Play Giorgia	Spin Tricks L2/3 Kristyna	Pole Flow Royce/Megan	Training Time					10.30ar
00am	Training Time	Training Time	Pole Play Tash	Training Time					Hoop Level 1 Tash	Training Time		Training Time									11:30am - 12: 25pm	10.30am - 11.25 am	10.30am - 11.25 am	5 10.30am - 11.25 am	Training Time	Training Time	Pole Play Giorgia	Training Time	11.00an
	11:00am - 11: 55am	11:00am - 1 55am	11:00am - 11: 55am	11:00am - 11: 55am					11:00am - 11: 55am	11:00am - 11: 55am		11:00am - 11: 55am									Training Time	Pole Tricks 4/5+ Kristyna	Pole Level 1 Megan/Karry	Training Time	11:00am - 11: 55am	11:00am - 11: 55am	11:00am - 11: 55am	11:00am - 11: 55am	11.30am
00pm																					11:30am - 12: 25pm	11:30am - 12: 25pm		11:30am - 12: 25pm	Training Time	Training Time		Stretch & Flex Giorgia	12.00pm
																					Training Time	Training Time		Stretch & Flex Sarah		12:00pm - 12:		12:00pm - 12:	12.30pm
																						12:30pm - 1:		12:30pm - 1:	55pm	55pm		55pm	1.00pm
	sky room	atrium	boudoir	the lounge	sky room	atrium	boudoir	the lounge	sky room	atrium	boudoir	the lounge	sky room	atrium	boudoir	the lounge	sky room	atrium	boudoir	the lounge	25pm sky room	25pm atrium	boudoir	the lounge	sky room	atrium	boudoir	the lounge	
			4.30 PM				4.30 PM				4.30 PM				4.30 PM				4.30 PM				4.30 PM			4.3	80 PM		4
	Hoop Level 1 Nicole	Training Time		Training Time	Training Time	Training Time	Pole Level 1 Libi		Training Time	Training Time	Pole Level 1 Libi		Tissu Level 1 Tash	Training Time	Pole Level 1 Nicole	Training Time	Hoop Level 1 Ainsley	Training Time		Training Time									4.30pn
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30pm	Tissu Level 1 Leashelle	Pole Level 1 Ainsley	Intermediate Heels Flow Nicole	Training Time	Hoop Level 3 Giorgia	Pole Level 3 Tash	Pole Level 2 Libi	Stretch & Flex Petra	Hoop Level 2 Nicole	Pole Level 4 Megan	Beginner Floor Base Sarah	& Booty Dance Kristyna/Tash	Fabric Flow Tash	Pole Level 2 Beth	Beginner Heels Flow Lizzie	Stretch & Flex Nicole	Hoop Level 2 Aisnley	Pole Level 2 Libi	Pole Level 1 Brenna	Stretch & Flex Sarah									5.30pm
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0pm	Hoop Combos 2/3 Georgia	Pole Level 4 Beth	Beginner Heel Flow Ali/Morgan	s Handstands & Conditioning Royce	Hoop Level 1 Giorgia	Pole Tricks 3/4 Tash	Pole Level 1 Laura	Splits Stretch Nicole	Hoop Heels Flo Nicole	w Pole Level 1 Tash	Pole Level 3 Sarah	Stretch Back & Shoulders Kristyna	Hoop Level 3 Ruby	Pole Level 4 Beth	Pole Level 3 Tash	Training Time	Training Time	Pole Play Sarah	Training Time	Booty Dance Brenna									6.30pn
0pm	6:30pm - 7:25p Silks Level 2	pm 6:30pm - 7:2	5pm 6:30pm - 7:25p	om 6:30pm - 7:25pn Splits Stretch	6:30pm - 7:25pi	6:30pm - 7:25pr	n 6:30pm - 7:25pn Advanced Heels	6:30pm - 7:25pm	6:30pm - 7:25pi	m 6:30pm - 7:25pn Pole Level 5	6:30pm - 7:25pr	Training	6:30pm - 7:25pr Silks Combos	n 6:30pm - 7:25pr Pole Level 1	Intermediate	Stretch &	6:30pm - 7:25pr	n 6:30pm - 7:25pn	6:30pm - 7:25pm	6:30pm - 7:25pm									
	Georgia				Ruby		Morgan	Time	Leashelle		Time	Time	Ruby		Floor & Base Morgan	Protect Libi													7.30pm
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Beginner Friendly Classes